

Course	For	Description	Where to access
Midwifery Emergency Skills Refresher (MESR)	All midwives	Comprises maternal and neonatal updates, and childbirth emergency skills.	DHB, AUT Wintec
NZ Maternity and Midwifery	IQM RTP Cat B, C, D RTNZP Cat C	Introduces overseas qualified midwives and those returning to midwifery practice in New Zealand.	Otago Polytech AUT
Integrating Abortion Care into the Midwifery Scope of Practice	All practising midwives (To be completed by 31/3/2023)	This Abortion Law Reform education focusses on the change in law and what that means for health practitioners regardless of their belief systems.	Otago Polytech
Pharmacology and Prescribing for Midwives	IQM, RTP Cat B, C RTNZP Cat C	Provides midwives with the knowledge and skills required (or to refresh knowledge and skills) to legally prescribe and administer medications to women during the birth experience.	Otago Polytech
Examination of the Newborn - Theory and practical	IQM, RTP Cat C RTNZP Cat B (practical only) C (both)	Provides overseas qualified midwives with the knowledge and skills required (or to refresh knowledge and skills) to achieve the Competencies for Entry to the Register that pertain to examination of the newborn.	Otago Polytech Assessment sheets available online
Cultural Competence	IQM, RTP Cat C , D RTNZP Cat C	Provides midwives with the knowledge and skills required (or to refresh knowledge and skills) to achieve the Competencies for Entry to the Register that pertain to cultural competence.	Otago Polytech
Te Tiriti o Waitangi Treaty of Waitangi	IQM	This education on Te Tiriti o Waitangi Treaty of Waitangi ensures all midwives are aware of the obligations between Māori and the crown.	DHB or Mauri Ora
Growth Assessment Protocol Education (GAP)	IQM, RTP Cat B, C, D RTNZP Cat A, B, C	A 3-hour workshop which covers risk assessment for SGA (small gestational age) once SGA is suspected/diagnosed. Updates available online.	DHB or Perinatal institute
Neonatal Resuscitation Full Day	RTP Cat B, C, D	Addresses the necessary individual and teamwork skills to provide a consistent approach to applying the NZ Resuscitation Council guidelines and recommendations	DHB
Electronic Fetal Heart Rate Monitoring	RTNZP Cat A, B, C RTP Cat B	Improves professionals' understanding and confidence of fetal heart rate monitoring.	RANZCOG or K2 FSEP
Family Violence Workshop	RTNZP Cat B, C RTP Cat C	Aligns with Te Aorerekura: National Strategy to eliminate family and sexual violence.	NZ Family Violence Clearinghouse

Course	For	Description	Where to access
Smoking cessation	RTNZP Cat B RTP Cat C, D	Explains the role midwives have in preventing individuals from smoking and assist reducing the rates of smoking particularly in women, birthing people and their whānau.	DHB or National Training Service
National Screening Unit (NSU) - 4 courses Quality Improvements in Antenatal Screening for Down Syndrome and other conditions (QIASD) Newborn metabolic screening (NMSP) Universal newborn hearing screening Screening principles and practice	RTNZP Cat B, C RTP Cat C, D	The NSU is responsible for developing, managing, and monitoring nationally organised population-based screening in New Zealand. These courses provide education for health professionals and relate to maternity and care of the newborn.	National Screening Unit
HIV Screening Course	RTNZP Cat B RTP Cat C, D	The course was developed in New Zealand with contributions from people living with HIV and others who have experience within the HIV sector.	Positive Speakers Bureau
Integrated short course physiological pregnancy/birth	RTP Cat C and D	For midwives who have not practised for five years or more to update and equip them with the theoretical knowledge with regard to physiological pregnancy and birth.	ARA
Integrated short course complicated pregnancy/birth	RTP Cat C and D	For midwives who have not practised for five years or more to update and equip them with the theoretical knowledge with regard to complications experienced in pregnancy, birth and the postnatal period.	Otago Polytech
Update on Immunisation schedule (including hepatitis B programme)	RTNZP Cat B and C RTP Cat C, D	Provides essential facts about immunisation and vaccines in New Zealand.	Immunisation Advisory Ccentre

Glossary

DHB	District Health Board
FSEP	Fetal Surveillance Education Programme
GAP	Growth Assessment Protocol Education
IQM	Internationally Qualified Midwives
MESR	Midwifery Emergency Skills Refresher
NMSP	Newborn Metabolic Screening Programme
NSU	National Screening Unit
NZCOM	New Zealand College of Midwives
OCP	Overseas Competence Programme
QIASD	Quality Improvements in Antenatal Screening for Downs Syndrome and other Conditions
RTNZP	Returning to New Zealand to Practice
RTP	Return to Practice
SGA	Small Gestational Age
TTMRA	Trans Tasman Mutual Recognition Agreement