1. Fitness to Practice

These documents must be provided by ALL returning midwives at the time of APC application. An APC will not be granted until these are all received. Once all documents are received, a practising certificate will be issued within three to five working days.

- Police check (any country 12+ months)
- Health Certificate
- Certificate of good standing
- Your CV
- Contact details of two work referees
2. Continuing Midwifery Education Requirements

Continuing midwifery education courses are required following the issuing of a practising certificate. These will vary depending on how long the midwife has been overseas and therefore not practising in NZ. If the midwife believes that she should have exemption from completing any of these courses, she should contact the Council with her reasons.

### Category A
(Return to NZ within three years)
- Combined Emergency Skills day <6 months
- Midwifery Standards Review <2 years from APC application
- Electronic Fetal Monitoring education <6 months
- GAP (Growth Assessment Protocol) <6 months

### Category B
(Return to NZ after three to five years)
- All of category A, plus
- Review maternity policies and processes < six months
- Family violence workshop <12 months
- Smoking cessation course <12 months
- National screening unit (five online courses and update on the immunisation schedule including hep B programme <12 months
- Examination of the newborn practical requirements <12 months
- Self learning package on opioids

### Category C
(Return to NZ after five years)
- All of categories A and B, plus
- NZ Maternity and Midwifery Systems online courses <18 months
- Cultural competence for midwives <18 months
- Pharmacology and Prescribing online courses <18 months
- Formal Mentor appointed until requirements complete <18 months

**NB:** Times given are completion timeframes. The full policy is: “Re-entry into New Zealand practice for midwives who have worked overseas”